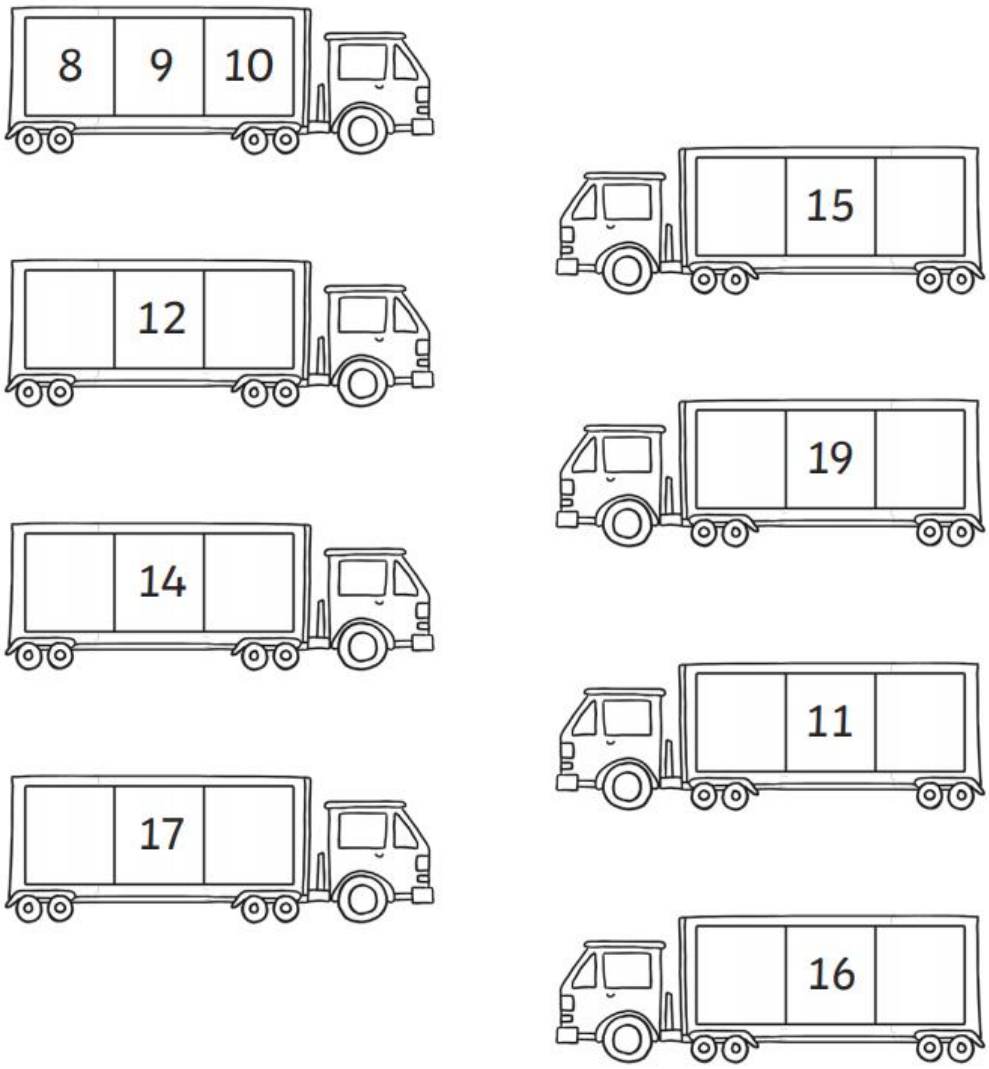
18.1.20

Pre Band 40-60 months

L.I: To count to twenty recognising the next number in the count is one more and the previous number is one less.

## My 1 to 20 Number Track

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|

Find one more and one less than a given number up to 20.