



There are of course risks and dangers with young people using the internet. It can be surprisingly easy for young people to access inappropriate materials, mostly accidentally. Here are some basic tips which can help you keep your child safe online;

- Use technology in a shared family room
- Use child-friendly search engines like www.safesearchkids.com.
- Use internet filters or parental controls to help you safeguard your child at home or on the move
- Talk to your child about their internet



Further Advice and Online Resources



- ThinkuKnow:** www.thinkuknow.co.uk
ChildLine: www.childline.org.uk
NSPCC: www.nspcc.org.uk
Connect Safely: www.connectsafely.org
BBC WebWise: www.bbc.co.uk/webwise
Get Safe Online: www.getsafeonline.org
Internetmatters:
www.internetmatters.org
Childnet: www.childnet.com
Parent INFO: www.parentinfo.org
BullyingUK: www.bullying.co.uk
Age rating of games:
www.common sense media.org/game-reviews
Gambling advice: www.gambleaware.co.uk
Eating disorders advice: www.nhs.uk/Livewell/eatingdisorders/
Tackling extremism:
www.activechangefoundation.org/



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ESafety

There are more ways than ever to learn, play and communicate online! You've probably heard of some of these! How many do you know?



The internet is a brilliant thing and you should enjoy using it. It's also important to know what the risks are and what you need to watch out for!





The best way to remember how to stay safe on the internet is to be SMART!



SMART Keep safe by being careful not to give out any personal information. This includes your name, e-mail, home address and photos!



MEETING Meeting someone you have only been in touch with online can be very dangerous!



ACCEPTING Opening e-mails, photos from people you don't know can lead to problems!



RELIABLE—Information you find on the internet may not be true, or someone on the internet may be lying about who they are.



TELL—Tell your parent, carer or a trusted adult if someone or something makes you feel uncomfortable



As well as being SMART on the internet. Here are some important things to be wary of when using the internet!

BEWARE if someone:



Tries to find out your address / phone number or where you hang out.



Wants to keep their chats with you secret.



Shares information, pictures or videos with you that make you feel uncomfortable and you are worried about showing them to anyone else.



Pays you a lot of compliments and offers or gives you gifts.



Tells you that you will get in trouble with an adult.

tell someone!



Many studies have shown that there are benefits to having access to technology at home! These can include;

- Supports homework and revision
- Improves students achievement
- Makes learning more fun and creative
- Provides access to a wider range of learning materials
- Connects learning at school with learning at home

Using technology at home and at school develops skills for life! There are of course dangers. Some key dangers signs are if your child is;

- ⚠ Using technology excessively
- ⚠ Staying online through the night
- ⚠ Being secretive about what they are doing
- ⚠ Behaving very differently in what they wear, their attitudes or friends
- ⚠ Receiving gifts or money from unknown sources